

SEPTEMBER

SPECIAL!

SKIN

REFRESHER

GLYCOLIC

CHEMICAL PEEL

FOR \$79.99*

Save \$60.00!

TAXES EXTRA

NEWSLETTER

WWW.PERMALASER.COM

514-731-1545

REFRESHING YOUR SKIN FOR THE FALL!

Hello to a new you!



Fill up what has been lost over time....As we age our body loses collagen due to aging, sun damage, pollution and the natural aging process. *Say hello to a new you!* Juvederm™ is a soft injectable gel which is made from hyaluronic acid, is a "next-generation" non-animal dermal filler that is made from hyaluronic acid — a naturally occurring substance that plays a vital role in hydrating your skin and replenishing its natural volume. No allergy tests are required and results can last up to 1 year.

Juvederm™ adds volume to minimize the appearance of wrinkles, thinning skin and lips, thus giving the patient results

that are instant and natural-looking, without any downtime and found to be safe for all skin tones; men and women alike!

People are talking about the superior results with **Juvederm™** injectable gel **dermal filler**. In fact, in a study of **Juvederm™** and a collagen-based dermal filler,[†] almost 90% of study participants expressed a preference for **Juvederm™** injectable gel!



Are you ready for a change?

Call us today or drop by for a **Free Consultation**. Simply take a moment to schedule your appointment **by calling 514-731-1545** or by email at info@permalaser.com!

SEPTEMBER ISSUE #6

In this month's issue:

- Juvederm:** *Plumps up the chin, cheekbones, lips and much more!* **1**
- Glycolic Peel:** *The lunchtime peel!* **1**
- Skin Health:** *The benefits of using skin care* **2**
- Back and Chest Acne:** *You can fight it!* **2**

A MUST READ IN OUR NEXT ISSUE!

Special segments in the October issue!

- **Spider Vein Removal with elōs™**
- **Acne Treatment Options**
- **What is Rosacea, Melasma, Telangiectasias and their optional treatments?**

Glycolic Peel: known by any other name as the "lunchtime peel" or the "Glycolic Acid Facial Peel" is used to improve and smooth the texture of your skin and is traditionally performed on the face, hands, neck, back and shoulders, legs and other problem areas to treat fine lines, wrinkles, age spots, and skin discoloration.

Medical aesthetics
Permalaser™
Esthétique médicale

A chemical solution is applied to remove the damaged outer layers of skin and reveal a younger, clearer, more radiant complexion. Removal of these damaged cells stimulates cell division that results in plumper, healthier, newer cells. Mild peels usually take about 20 minutes, making the procedure convenient and accessible at any time of the day, even the lunch hour! Benefits to men and women are: smooth and softer skin, diminish fine lines, decrease acne breakouts and evens out discoloration! *For best results*, Permalaser recommends a peel every 2-3 weeks over a 3 month period. Changes in your skin are noticeable after the first treatment; however dramatic improvement will appear after the series of 6 treatments. Most people notice a change in skin appearance and texture right away and improvements continue over the course of the treatments revealing fresher, younger skin. **Is this for you? Schedule an appointment today!**

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Medical aesthetics
Permalaser[™]
Esthétique médicale

*Beauty is yours to
discover!*

We're on the Web!
www.permalaser.com

We at Permalaser do the extras that other clinics do not. Our post-treatment care is unparalleled. We are constantly keeping abreast of developments in the Laser hair removal field. We believe that we offer the best laser treatments possible and offer quality treatments at a fair price where your safety is never compromised. Trust us with all your hair removal goals.

SKIN HEALTH: *The benefits of SKIN CARE!*

There are **essential steps** in maintaining healthy skin:

Knowledge-Self Examination-Protection-Nurturing

Permalaser believes that the **first step** to good skin health is to **be knowledgeable** about your skin and skin type.

The **second step** is to note the differences in skin tone for hyperpigmentation and hypopigmentation. Skin which is susceptible to skin cancer (in general brown skin is less susceptible, but when it does strike it's more deadly). Examine your skin on a monthly basis for any changes; for all skin types' early detection is important.

The **third step** is Nurturing:

- Exfoliate to remove dull, dead skin cells by using gentle exfoliating products.
- Cleanse your face daily to remove dirt, oil, pollutants and makeup. Cleanse facial skin with your fingertips and massage gently in a circular motions.
- Use products designed for your skin type: oily, dry, normal, combination, sensitive, acne & acne prone, hyperpigmentation and rosacea.
- Exfoliate to remove dull, dead skin cells by using gentle exfoliating products.
- Tone your skin; this balances the pH level.
- Moisturize (day, evening) (moisturizers are available and don't forget your eye contour cream for the delicate skin around your eyes!).

The **final step** is Sunscreen: use an SPF15 for brown skin types. Use an SPF 30 for whiter skins. For certain medical conditions, such as lupus, or take certain medications or have dark marks or skin discolorations, you may need sunscreen with an SPF30 or more. Look for products containing ingredients that protect the skin from both UVA and UVB rays.

the secret to beautiful skin for life: Adapt to making positive changes.

Drink water daily ~ Take care of your skin, nurture it, cleanse it, tone and exfoliate it and feed it products especially designed for your skin type.

Chest & Back Acne: *Fighting back with powerful results!*

What is Acne? Acne is the abbreviated term for "plugged pores" which include whiteheads and blackheads, pimples, cysts and nodules which can be found on the face, neck, chest, back, shoulders and even the upper arms and occasionally buttock acne.

Affecting teenagers one the most part, the condition is not restricted to any specific age group; adults from the onset of their 20s to their late 40s can also be affected. Severe cases can lead to loss of confidence and wanting to avoid special events. Some cases can be so severe (due to causes of picking the inflamed nodules and spreading the virus to other body parts) that acne can lead to serious and permanent scarring; so it is always best to learn right away the treatment

options and how you can help yourself to take care of your skin today.

Exfoliation with a facial gel scrub is the first order of regimen for anyone with acne. Continue reading and discover how you can take care of your acne!

Glycolic or vitalize peels are great options to consider for treating the affected areas. Cabral shampoo, which can be used at home is a great in-between treatment alternative that can help control the acne which helps destroy the acne bacteria. Cabral shampoo also assists in hairline acne.

Call or visit us today to see which treatment alternative is best for you! The personalized consultation is FREE without pressure.